

September

RRLS LUNCH MENU

2019

Monday	Tuesday	Wednesday	Thursday	Friday
2 NO SCHOOL	3 sausage, egg, cheese croissant hash brown tomato fruit & milk	4 sloppy joe baked beans mashed potatoes fruit & milk	5 tomato soup grilled cheese celery / dip fruit & milk	6 baked potato with toppings broccoli dessert fruit & milk
9 teriyaki chicken rice peas fruit & milk	10 ham slice noodles corn fruit & milk	11 sub sandwich carrots w / dip dessert fruit & milk	12 pasta with meat sauce green beans roll fruit & milk	13 hot dog baked beans chips fruit & milk
16 chicken parmesan pasta green beans fruit & milk	17 mini slider biscuit sandwich hash brown tomato fruit & milk	18 chicken alfredo with pasta broccoli fruit & milk	19 nacho grande refried beans carrots / dip fruit & milk	20 BBQ chicken sandwich fries cucumber / dip fruit & milk
23 cheese ravioli green beans dessert fruit & milk	24 sausage and cheese Panini sandwich diced potatoes orange juice fruit & milk	25 chicken pot pie salad dessert fruit & milk	26 chicken noodle soup grilled cheese carrots / dip fruit & milk	27 hamburger baked beans fries fruit & milk
30 popcorn chicken mac & cheese broccoli/cauliflower fruit & milk				



RoyalRedeemer
LUTHERAN CHURCH & SCHOOL

OPTIONS:

- *Grilled Cheese Sandwich and yogurt offered daily in place of main entrée*
- **Grades 4-8 may purchase an extra serving on Pizza days and Taco/Nacho Grande days for an additional charge of \$1.00**
- *On Taco days all students may choose a hard or soft shell with meat and toppings OR a rice bowl with meat and toppings*
- **On Wednesdays ONLY, grades 4-8 may purchase a Chef Salad Lunch in place of the served lunch for the same price**

MENU SUBJECT TO CHANGE

This institution is an equal opportunity provider.

Full Lunch Includes Milk = \$3.00
Fat Free Chocolate Milk or
1% White Milk
Sold Individually = \$.50